

A variation on the Heart to Heart Gown, made with traditional Heart to Heart yarn for a more casual look.

**Yarn:** DK yarn (UK: 8ply, US: 3-Light), or Bamboo, doubled  
**Needles:** 4mm/US 6 circular or straight (or size to give gauge)  
**Gauge:** 20sts = 8cm/3in  
**Notions:** Stitch holders



This dress will fit a teddy bear about 25-30cm/10-12in tall with a waist of about 29cm/11½in. See diagram for approximate finished measurements.

### ABBREVIATIONS

K..... Knit	SSK..... slip slip knit: slip 1 st knitwise, slip 2 <sup>nd</sup> st knitwise, insert needle in back and K these 2 sts together
P..... Purl	Kfb..... Increase 1 by knitting in front and back of st
St. St. .... stockinette stitch (K RS row, P WS row)	
YO..... Yarn Over	
K2tog.... knit 2 sts together	
BO ..... Bind Off	

Dress is knit in 2 pieces, front and back.

### FRONT:

#### Folded Picot Hem

- Cast on 61 sts (with larger needles)
- Work 3 rows in St.St
- Next row: K1, \*\*YO, K2tog; Repeat from \*\* until 1 st left, K1

#### Skirt:

- Continue in St.St. until piece measures 8cm/3¼in (about 24-30 from Row 4: YO row)
- Next row: \*\* K2tog, repeat from \*\* until 1 st left, K1 (31 sts)
- Work 11 rows stockinette sts, ending with P row (about 11-12cm /4½in total)
- BO 3, K to end
- BO 3, P to end (25 sts)
- BO 1, K to end
- BO 1, P to end (23sts)
- K 1 row
- P 1 row

#### Begin Front Shaping:

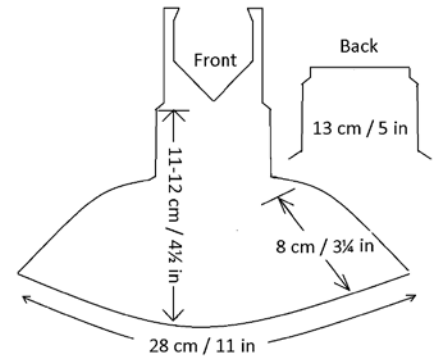
- K11, BO 1, K11.

#### Right Front:

- Leave 1<sup>st</sup> 11 sts on needle, and continue working with second group of 11 sts
- \*\* P right front sts to end
- SSK, K to end
- Repeat from \*\* there are 5 sts. left
- Work remaining 5 sts in St.St. for 7 rows, ending with a P row
- \*\* Kfb, K to end
- P2tog, P to end
- Repeat from \*\* one time (7 sts)
- Cut yarn and move these 7 sts to a holder (optionally, bind off these 7 sts)

#### Left Front:

- Join yarn at side seam
- \*\* K 1 row



- P2 tog, P to end
- Repeat from \*\* until there are 5 sts left
- Work remaining 5 sts in St.St. for 7 rows, ending with a K row
- \*\* P one row
- K until 1 st left, Kfb
- Repeat from \*\* one time (7 sts)
- Cut yarn and move these 7 sts to a holder (optionally, bind off these 7 sts)

**BACK:**

- Work the same as the front until the beginning of Front Shaping.

**Begin Back Shaping:**

- Work 4 rows St. St.
- With right sides together and using 3 needle bind-off, join and bind off 7 sts from right front strap, BO until 7 sts left, join and bind off 7 sts from left strap. (optionally, bind off back, and sew straps in place)

**Finishing:**

Sew front to back side seams. For picot hem, turn up at YO row and sew up hem. Sew in loose ends.

**OPTIONAL METHODS / EMBELISHMENTS:**

Many decorations can be knit into this dress. The simplest embellishment is to work stripes into the skirt, in either plain or a frilly decorated yarn. A lace skirt also works well. If using a repeated lace or color pattern, keep the skirt width between 50-65 sts total, always decreasing the top to 31 sts. The following are a few other suggestions for how to change the look of the dress.



**Moss Stitch Bottom Edge:**

Working 4 rows of moss stitch and then tapering the moss stitch into St.St. as shown helps minimize rolling while giving a simple patterned edge.

Work first 8 rows according to the chart.

				x											
			x		x										
			x		x		x								
	x		x		x		x		x						
x		x		x		x		x		x			x		x
	x		x		x		x		x		x		x		x
x		x		x		x		x		x		x		x	x
	x		x		x		x		x		x		x		x

(61) 10 9 8 7 6 5 4 3 2 1

- Row 8 (WS) P4, K1; (P8, K1) until 6 sts left; P6
- Row 7 (RS) K5, P1 K1 P1, (K7, P1, K1, P1) until 3 sts left; K3
- Row 6 (WS) P2, (K1, P1 for 5 sts); P5, K1 P1 for 5 sts until 4 sts left; P4
- Row 5 (RS) K3, (P1 K1 for 7 sts), repeat until 1 left, K1
- Row 4 (WS) K1,P1 until 1 st left; K1
- Row 3 (RS) K1,P1 until 1 st left; K1
- Row 2 (WS) K1,P1 until 1 st left; K1
- Row 1 (RS) K1,P1 until 1 st left; K1

K on RS, P on WS

P on RS, K on WS

**Scalloped Bottom Edge**

A little more complicated, this scalloped edge gives a nice finish to the bottom.

Work first 9 rows of skirt according to the chart.

				j	f	j									
				.	.	.									
				j	.	f	.	j							
				.	.	.	.	.	.						
				j	.	.	.	f	.	.	.	j			
				.	.	.	.	.	.	.	.	.			
				j	.	.	.	f	.	.	.	j			
				.	.	.	.	.	.	.	.	.			
j	.	.	.	.	f	.	.	.	.	.	.	j			

12 11 10 9 8 7 6 5 4 3 2 1

- Row 9 (RS) K1, \*\* K5, YO, sk2po, YO, K4, Rep from \*\* until 1 st left, K1
- Row 8 (WS) P1, \*\* P4, K3, P5, Rep from \*\* until 1 st left, P1
- Row 7 (RS) K1, \*\* K4, YO, K1, sk2po, K1, YO, K3, Rep from \*\* until 1 st left,
- Row 6 (WS) P1, \*\* P3, K5, P4, Rep from \*\* until 1 st left, P1
- Row 5 (RS) K1, \*\* K3, YO, K2, sk2po, K2, YO, K2, Rep from \*\* until 1 st left, K1
- Row 4 (WS) P1, \*\* P2, K7, P3, Rep from \*\* until 1 st left, P1
- Row 3 (RS) K1, \*\* K2, YO, K3, sk2po, K3, YO, K1, Rep from \*\* until 1 st left, K1
- Row 2 (WS) P1, \*\* P1, K9, P2, Rep from \*\* until 1 st left, P1
- Row 1 (RS) K1, \*\* K1, YO, K4, sk2po, K4, YO, Rep from \*\* until 1 st left, K1

St. St. (K on RS, P on WS)  j YO (Yarn over)

Garter Stitch (K on every row)  d K2tog

f sk2po (Slip 1, Knit 2 together, Pass slipped stitch over)

**Hearts**

Combining hearts with the scalloped edge:

	1	2	3	4	5	6	7	8	9	0	1	2	
18	■	■	■	■							■	■	■
17	■	■	■	■							■	■	■
16	■	■	■	■							■	■	■
15	■	■	■	■							■	■	■
14	■	■	■	■							■	■	■
13	■	■	■	■							■	■	■
12	■	■	■	■							■	■	■
11	■	■	■	■							■	■	■
10													
9													
8													
7													
6													
5													
4													
3													
2													
1													

**Belt Loops (to attach ribbon belt)**

After 2<sup>nd</sup> decrease (32 sts), P 1 row.

Next row, \*\* K1, YO, K2tog, Repeat from \*\* until 1 St left. K1

Continue, working 9 more rows in St. St. before underarm bindoff

**Picot Neck and Arm Trim**

Work this variation of a picot trim purl-wise for the most subtle effect. This can be added to the neckline, the arm holes, or both, and knit in contrasting or matching yarn. When doing this edging on the armholes, it works best to only do the picot edge along the top half of the arm hole, and do a normal bind off along the bottom half.

You will need to use double pointed needles to do this.

To start, pick up about 50-55 st for the neck, or 32-38 sts f the armhole.

Knit 1 round.

Begin Picot bind-off:

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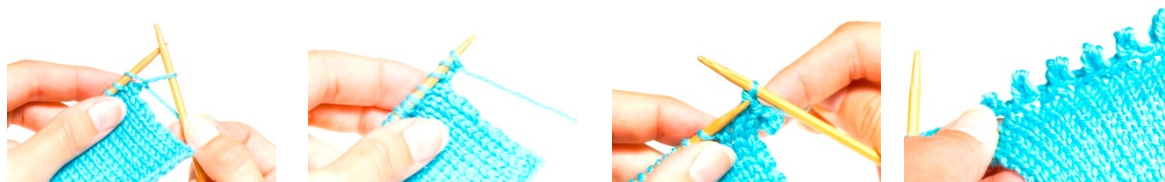
With the RS facing you, cast on 1 st using the cable cast on described here:

- Insert needle between the last 2 sts on the left needle
- Pull a loop through as in making a K st. (First picture)
- Slip st from right needle onto the left needle (**2<sup>nd</sup> picture shows a 2 sts cast on – but only do 1**)

Bind off 3 sts purl-wise (P2, bind off right st, P1, bind off right st, P1, bind off right st.)

Slip last St knit onto the left-hand needle. (3<sup>rd</sup> picture)

Repeat from \*\*

**Knitting in the round**

Ideally uses a 60cm/24" circular for the skirt (easily adapted from a longer one by removing and trimming the plastic to a length of about 35cm/14" and gluing it back together). Beginning with the decrease row, switch to either double pointed needles or a foreign purchased 40cm/16" circular.

Cast on 120 and work as indicated. After knitting bodice, BO 5 sts on each side.

**REVISION HISTORY**

Heart to Heart patterns may be found at the following dropbox location:

<https://www.dropbox.com/sh/mmqdi8r56rhm5bw/AAD7isz2YzSOYMg1bTSziThra>