HEART to HEART ONE-PIECE PULLOVER

This was designed for the Heart to Heart Bears, sold for the Heart to Heart group in Shanghai China which raises funds for surgeries for Chinese children with congenital heart disease. These directions are free for your personal, individual use. Please do not distribute or reformat them for commercial use, or sell them. Items made from these directions should only be sold if all profits go to charity.

Heart to Heart
SHANGHAI

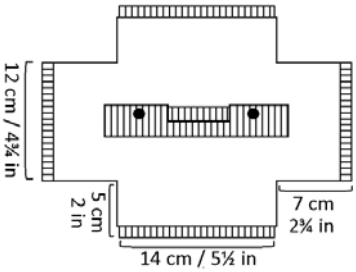
Yarn: DK yarn (aka 8 ply or #3-light), with changes for Fine (aka 5-ply or #2-fine) and Medium (aka 10-ply or #4-medium) weight yarn

Needles: 4mm/US 6 (Fine: 3.5mm/US 4, Medium: 5mm/US 8): circular/straight and double pointed (or size to give gauge)

Gauge: 20sts = 8.75cm/3½in (Fine: 7.5cm/3in, Medium: 12.5cm/5in)

Note:

- Sweater will fit a teddy bear about 25-30cm/10-12in tall with a waist of about 29cm/11½in. Use guide for approximate finished measurements. For version which is knit in pieces, allowing contrasting rib, see the pattern for "H2H Pullover"
- Stitch and row counts are given for DK yarn, with changes for (Fine, Medium) given in parenthesis. For instance, if the pattern says K7 (8,5), you would knit 7 if working in DK yarn, 8 if working in Fine yarn, and 5 if working in Medium yarn.



ABBREVIATIONS

CO.....Cast On
St.St. ...stockingnette stitch (K right side row, P wrong side row)
BO ..... Bind off
YO ..... yarn over (to make a hole)
K2tog .. knit 2 sts together

Main Body:

a. Leaving about a 40cm tail, cast on 33 (37,25) sts (tail will be used to sew up side seam)

b. Rib: Work 5 (6,4) rows K1P1 ribbing

c. Underarm: Beginning with a K row, work 11 (16,8) rows St.St. (or until about 5 cm from beginning)

d. Add Sleeves: Next row: P (P,K) to end; CO 10 (13,8)
Next row: K4 (5,3); P (P,K) to end; CO 10 (13,8)

e. Underarm to neck rib: Next 10 (12,7) rows (or until about 8-9 cm from beginning): K the first and last 4 (5,3) sts of each row and work St.St between

f. Neck Rib: Next 6 (7,4) rows: K4 (5,3); work 6 (8,5) sts in St.St.; 35 (39,27) sts in K1P1 ribbing; 6 (8,5) sts in St.St., K4 (5,3)

g. Neck Opening:
Next row: K4 (5,3), work 6 (8,5) sts in St.St.; 9 (10,7) sts K1P1 ribbing; BO 15 (17,11); work 9 (10,7) sts K1P1 ribbing; work 6 (8,5) sts in St.St., K4 (5,3)
Next row: K4 (5,3), work 6 (8,5) sts in St.St.; slip rib sts before and after neck bind-off onto a holder; CO 33 (37,25) sts; rejoin to opposite arm and work 6 (8,5) sts in St.St.; K4 (5,3)

h. Neck Rib: Next 6 (7,4) rows: repeat f: Neck Rib.

i. Neck rib to underarm: Next 10 (12,7) rows: repeat e: Underarm to Neck Rib.

j. End Sleeves: Next row: BO 10 (13,8); work in St.St. until last 4 (5,3) sts; K to end.
Next row: BO 10 (13,8); work in St.St. until end of row

k. Underarm: Next 11 (13,8) rows: work in St.St. *(NOTE: If you did not use a long-tail cast-on at the beginning, work one less row. This will put your final tail on the correct side to sew up the side seam)*

l. Rib: Work 5 (6,4) rows K1P1 ribbing
BO, leaving long tail to sew up side seams.

Shoulder Tabs: Work for each shoulder.

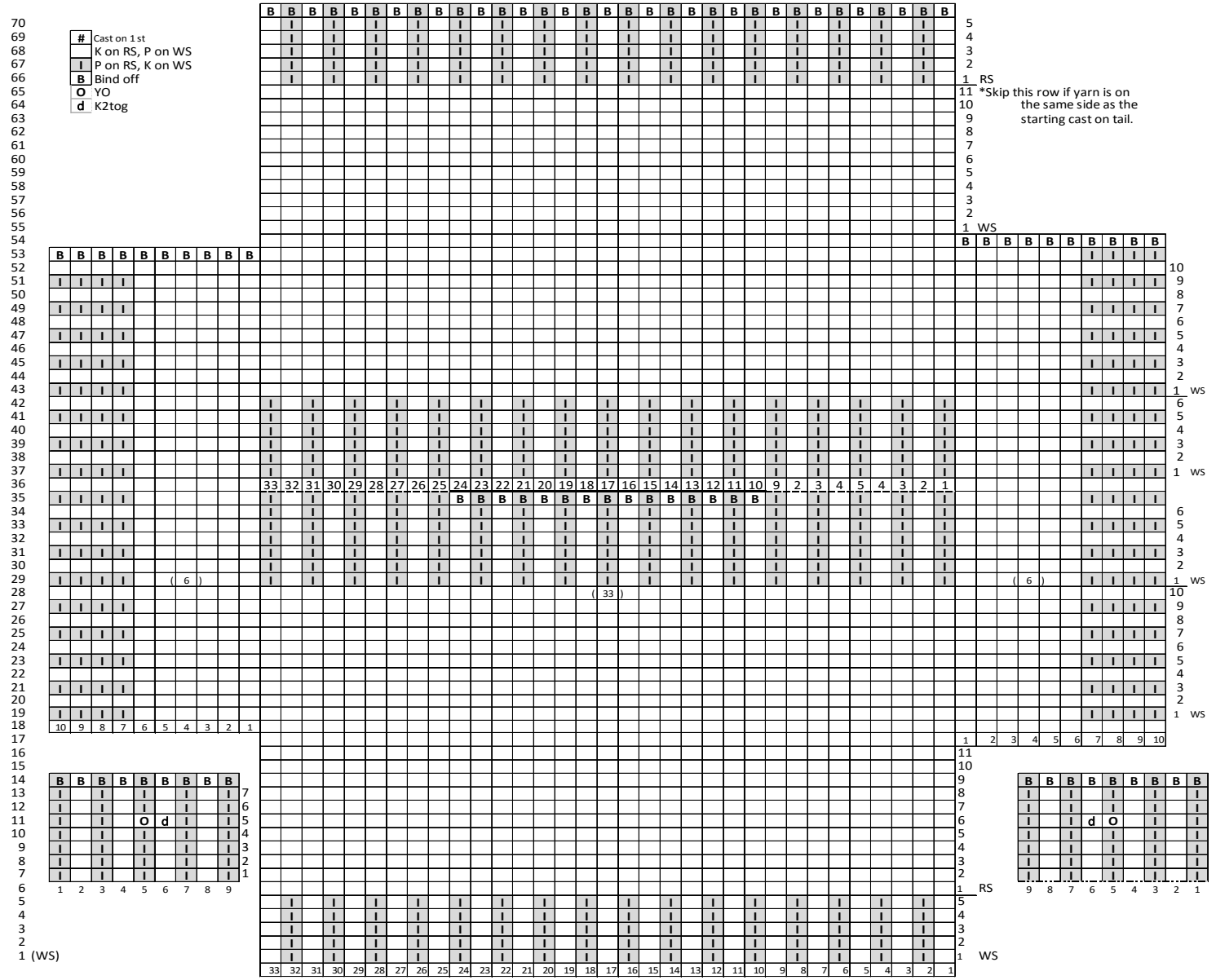
- Join yarn at shoulder edge of slipped off sts. and work 4 (5,3) rows in K1P1 ribbing
- Next row: Work in rib for 4 (4,2) sts; YO; K2tog, finish in rib.
- Work 2 (3,1) more rows in rib.
- BO

Sew shoulder tab to body along shoulder edge of neck ribbing. Sew up side and underarm seams. Sew 2 buttons on shoulder (Heart to Heart will supply buttons for Heart to Heart bears)

Ravelry.com 'Heart to Heart Bear'

More Heart to Heart patterns may be found on RAVELRY.COM by searching for 'heart to heart bear'

HEART to HEART ONE-PIECE PULLOVER – DK Chart



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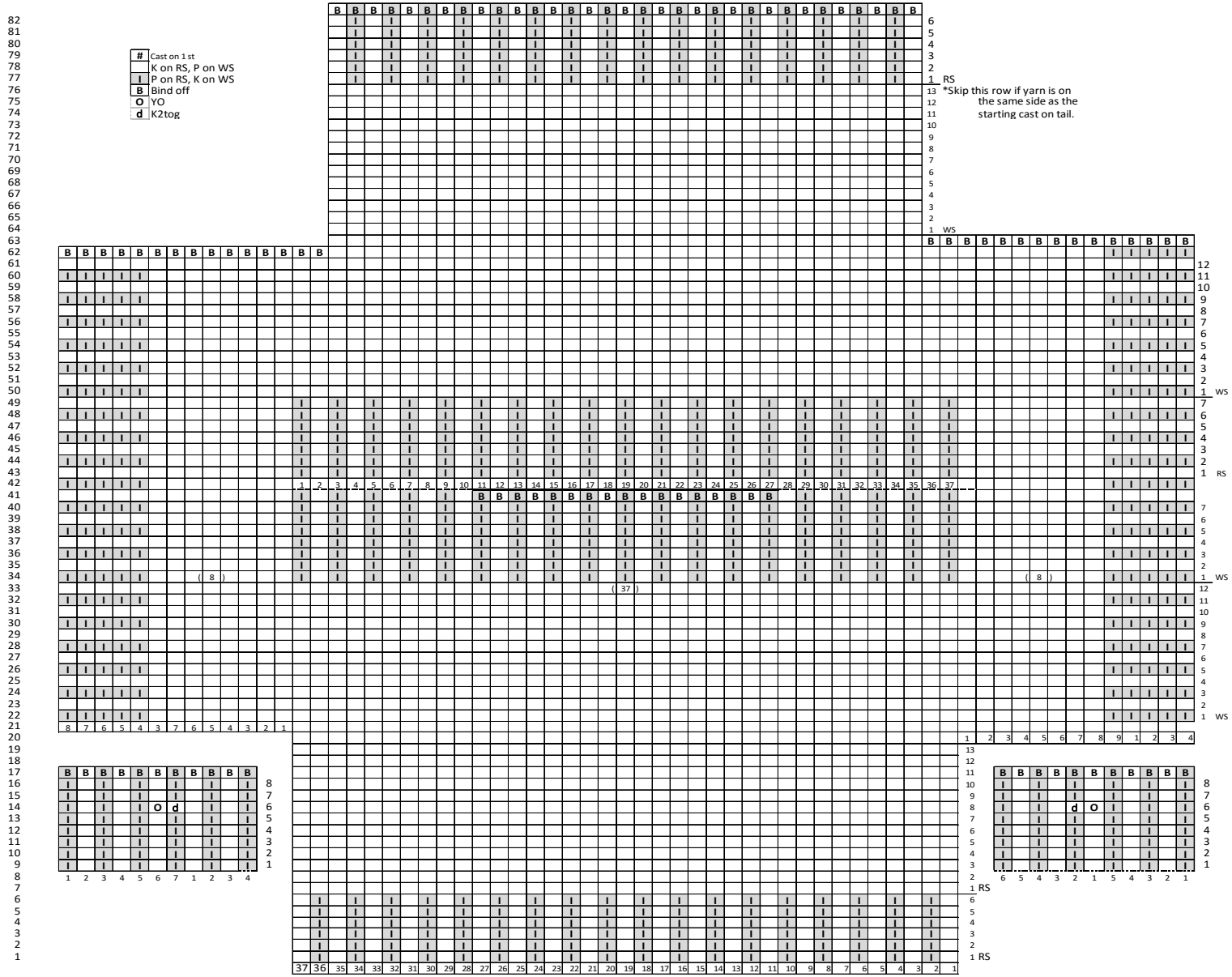
HEART to HEART ONE-PIECE PULLOVER – Fine Chart



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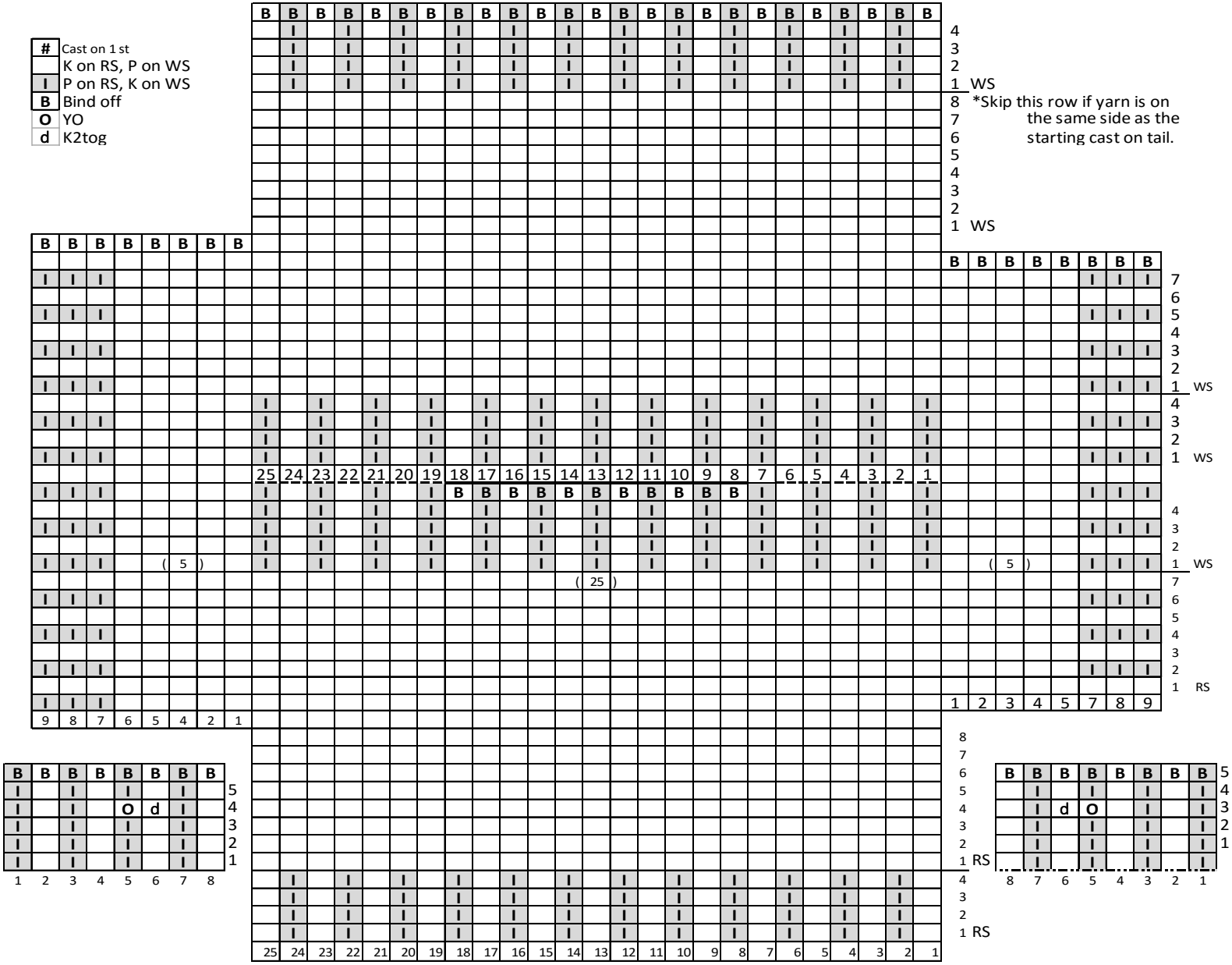
HEART to HEART ONE-PIECE PULLOVER – MEDIUM Chart

#	Cast on 1 st
	K on RS, P on WS
I	P on RS, K on WS
B	Bind off
O	YO
d	K2tog



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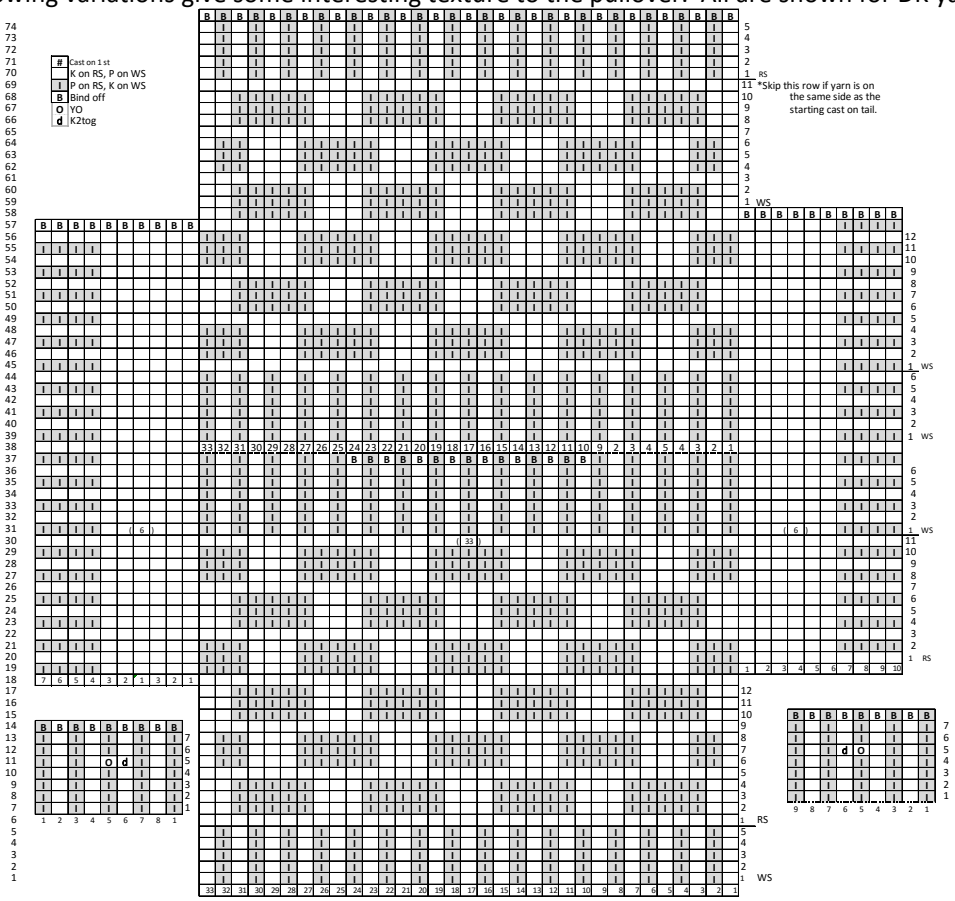
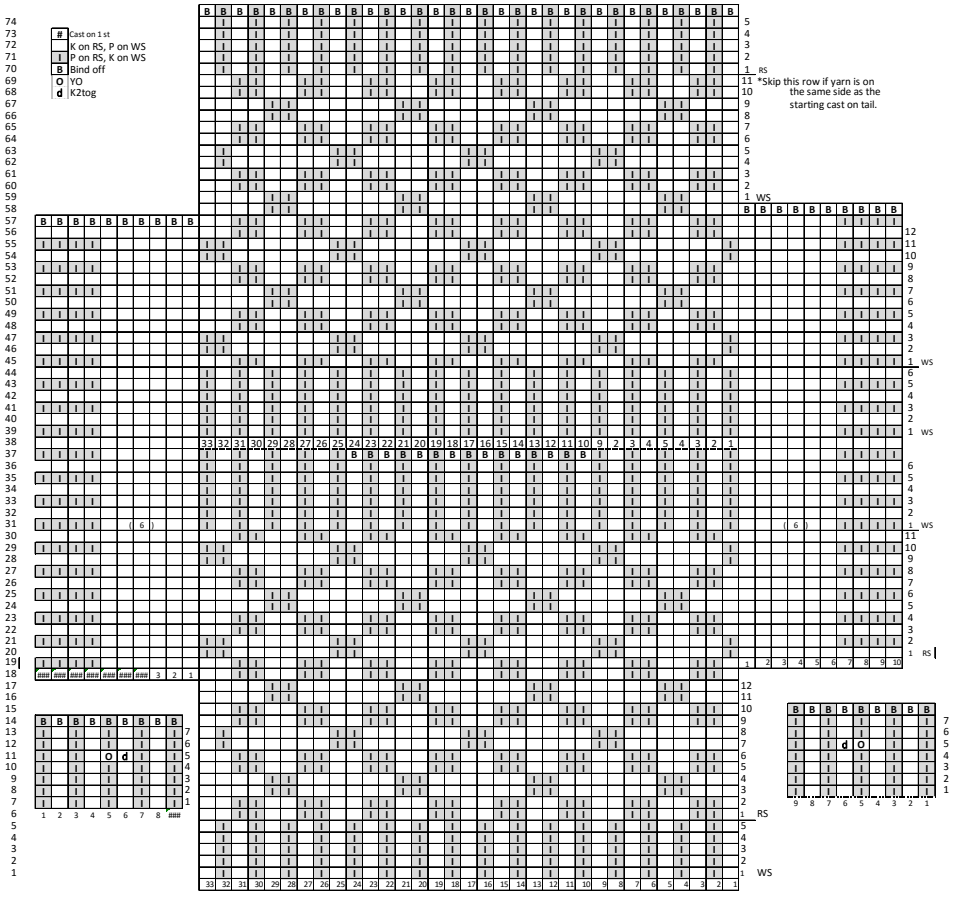
The following variations give some interesting texture to the pullover. All are shown for DK yarn scale





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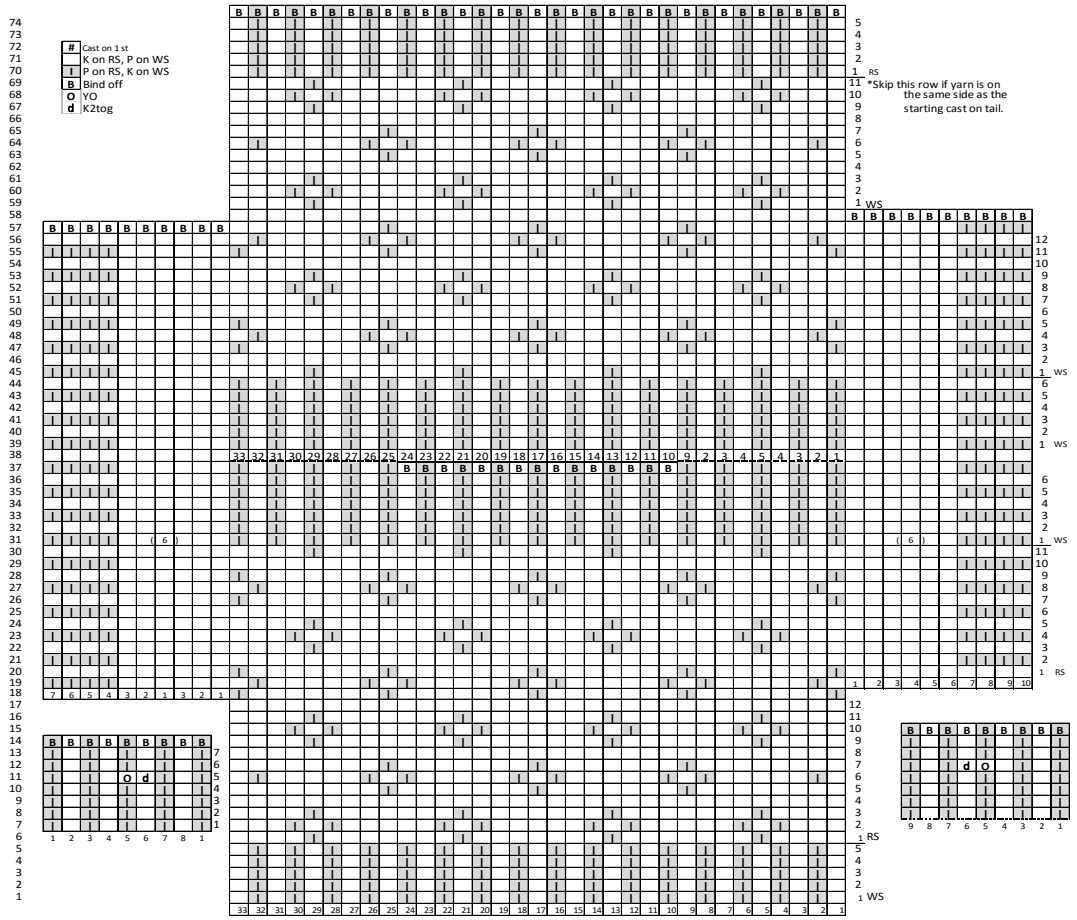
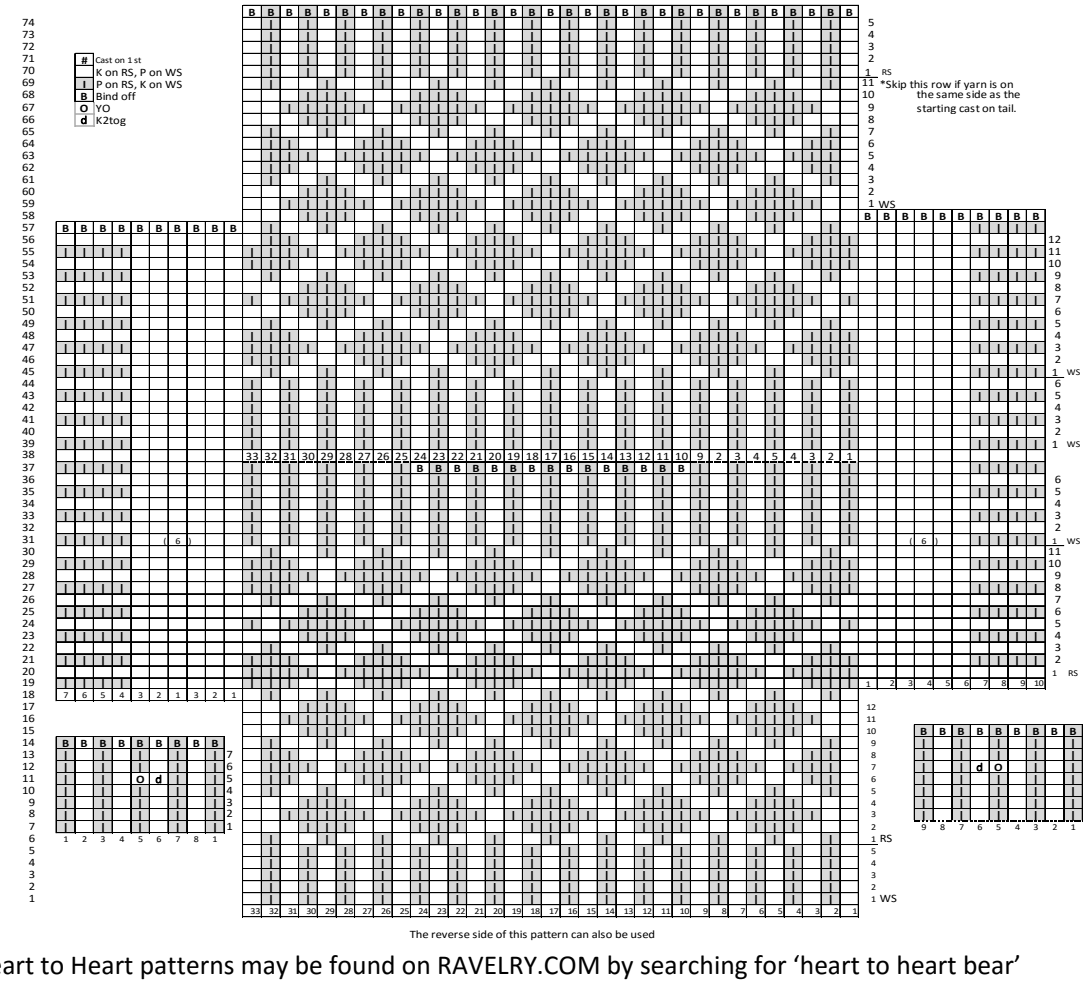
HEART to HEART ONE-PIECE PULLOVER – DK Variations





The reverse side of this pattern can also be used

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