

HEART to HEART CARDIGAN

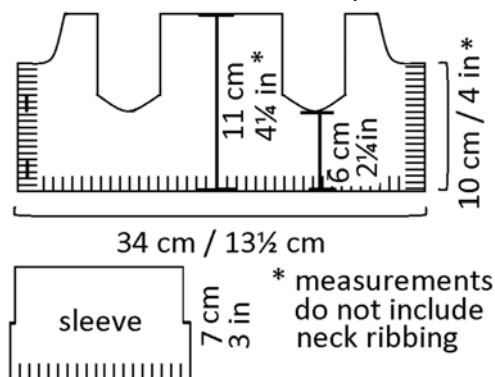
This was designed for the Heart to Heart Bears, sold for the Heart to Heart group in Shanghai China which raises funds for surgeries for Chinese children with congenital heart disease. These directions are free for your personal, individual use. Please do not distribute or reformat them for commercial use, or sell them. Items made from these directions should only be sold if all profits go to charity.



- Yarn:** DK yarn (aka #3-light or 8 ply), with changes for Fine (aka #2-fine or 5 ply) and Medium (aka #4-medium or 10 ply) weight yarn
- Needles:** Circular/straight, optional double pointed - DK: 4mm/US 6 for DK yarn, 3.5mm/US 4 for Fine, 5mm/US 8 for Medium (or size to give gauge)
- Gauge:** DK: 20sts = 10cm/4in Fine: 20 Sts. = 8.5cm/3½ in, Medium: 20 Sts. = 12.5cm/5in
- Notions:** 2-3 stitch holders



- This sweater will fit a teddy bear about 25-30cm/10-12in tall with a waist of about 29cm/11½in.
- Stitch and row counts are given for DK yarn, with changes for (Fine, Medium) given in parenthesis. For instance, if the pattern says K7 (8,5), you would knit 7 if working in DK yarn, 8 if working in Fine yarn, and 5 if working in Medium yarn.
- Pattern gives 2 versions for sleeves – the standard version with sleeves picked up on double-pointed needles from armhole and worked top-down, and a sewn-in with sleeves worked separately and sewn in.
- Please check gauge and final measurements



ABBREVIATIONS

K.....Knit (right) st	YOyarn over	K2tog.. knit 2 Sts together	Kfb..... K in front and back of St (increase 1)
P.....Purl (left) st	St. St. stockingette	P2tog.. purl 2 Sts together	
Slk..... Slip St Purlwise	stitch (K RS row, P WS row)		
RSright side			
WS.....wrong side			

BACK & FRONTS (knit in one piece until underarms)

Cast on 69 (Fine:79, Medium:55) Sts.

Work 3(3,2) rows as follows:

Slp1, K3, work in K1P1 ribbing until 4 Sts. left; K4

Next Row (WS): Continue in ribbing, working **buttonhole** as follows:

Slp1, K2tog, YO, K1, work in K1P1 ribbing until 4 Sts. left, K4

Work 9 (13,9) rows, as follows. Work should measure about 5cm/2in total.

(RS): Slp1, K to end

(WS): Slp1, K3, P until 4 Sts. left, K4

Separate front and back and work buttonhole:

Next row (WS) – Work **buttonhole** in ribbing (Slp1, K2tog, YO, K1). Then P12 (14,10), bind off 6 (7,5), P25 (31,19), bind off 6 (6,4), P12 (14,10), finish in ribbing.

RIGHT-FRONT

Working with the right 16 (18,14) sts only (and leaving the remaining sts on the needle) continue the right front as follows:

Next Row (RS): Slp1, K to end

Next Row (WS): P2tog, P to ribbing sts, K4: 15 (17,13,) Sts.

Work 6 (10,6) rows, as follows, beginning and ending on a RS row. Front should measure about 10cm/4in.

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(RS): Slp1, K to end

(WS): P until 4 Sts. left, K4

Next row: Slp1, K5 (6,5), K2tog, K to end

Next row: P8 (9,6). Slip remaining Sts onto holder – turn.

** Next row: K2tog, K to end

Next row: P

Repeat from ** 3 (3,2) more times: 4 (5,3) Sts. left

Next row: K

Cut yarn, place Sts. on holder.

BACK

With RS facing, rejoin yarn at the bottom right of the back section.

Next row: K 25 (31,19) to end of back section.

Next row: P2tog, P until 2 Sts. left; P2tog: 23 (29,17) sts

Work 14 (18,14) rows in St. St, ending with a WS row

Next row: With right sides together, join first 4 (4,3) Sts to right front shoulder, using 3-needle bind off (described below)

Place remaining Sts. onto holder.

LEFT-FRONT

With RS facing, rejoin yarn at the bottom right of the left front section.

Next row (RS): K

Next row (WS): Slp1, K3, P until 2 Sts. left, P2tog: 15 (17,13) Sts.

Work 7 (11,7) rows (or one more row than for Right Front) in St. St. (continuing ribbing), ending with a RS row

Next row (WS) – Work **buttonhole** in ribbing (Slp1, K2tog, YO, K1), then P2 (3,2). Slip these onto holder. Continuing with remaining sts, P2tog, P to end.

** Next row: K

Next row: P2tog, P to end

Repeat from ** 3 (3,2) more times – 4 (5,3) Sts. left

Knit 1 (0,0) more row

With right sides together, join to last 4 (5,3) from back using 3-needle bind off

NECKBAND

Row 1 (RS): With RS facing, rejoin yarn at right front edge, K Sts from Right Front holder; pick up 8 (11,8) Sts. (approximately) from Right Front, K back sts, pick up 8 (11,8) Sts.

NOTES:

(approximately) from Left Front, K Sts. from

LF holder: Approximately 45 (49,33) Sts. total

Work 2 (3,2) rows as follows:

Slp1; K3; work K1P1 ribbing until 4 Sts. left, K4.

Bind off.

SLEEVES – Standard version

Worked top-down on double-pointed needles.

RIGHT SLEEVE: With RS facing, starting at the bottom back of the armhole, pick up 26 (31,22) Sts. – half from bottom to top seam, half from top seam to bottom front.

Next round: Pick up 6 (7,4) Sts. from underarm, then K remaining sts: 32 (38,26) Sts. total.

LEFT SLEEVE: Start the same as the right sleeve, except start from the bottom front of the armhole and work toward the bottom back.

BOTH SLEEVES:

K 6 (4,4) rounds

Next round: K1 (K2,K0), K2 tog, K2tog, K to end: 30 (36,24) sts

** K 7 (5,5) rounds

Next round: K0 (K1,K0), K2tog, K2tog, K to end: 28 (34,22) sts

{Fine yarn only: repeat from **: 32 sts}

Work 3 (4,3) rows in K1P1 ribbing.

Bind off.

SLEEVES – Sewn in

Worked on straight needles and sewn in

Cast on 29 (33,23) Sts.

Work 3 (4,3) rows in K1P1 ribbing.

** Increase Row: Kfb, K until last St., Kfb

Work 5 rows in St. St.

Repeat from **

DK yarn: K 1 row

Fine Yarn: Repeat Increase row, then Work 2 rows in St. St.

All Yarn: Bind off 1st 3 (3,2) Sts. of the next 2 rows

DK, Fine Yarn Only: Bind off 1st 2(3) Sts. of the next 2 rows

All Yarn: Bind off remaining Sts loosely.

Sew side seam and sew sleeve into armhole of sweater.

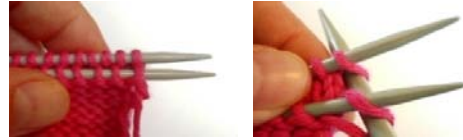
Finishing

Sew in the ends. Sew on 3 buttons (Heart 2 Heart will supply and do this for their sweaters)

HEART to HEART CARDIGAN

Three Needle Bind-Off

Hold two needles with stitches together, with right sides facing inwards, towards each other (first picture). Insert the *third* needle into the first stitch on *each* of the needles knitwise, starting with the front needle (picture 2), and knit one stitch. Continue in this way, binding off as you go along.



Easy Row Counting

Using a marker, in row 1, place it after the 1st stitch in the row. Then, when working in the round (sleeves), each time you pass it, move it 1 stitch. Its position will now indicate what row you are working. For example, if it is after the 5th stitch, it means you are working on row 5. When working in stockinette stitch you will need to move it 2 stitches each time you pass it (on the RS only).

VARIATIONS:

K1P1 RIBBING: (Used for standard H2H pattern)

Begin by casting on 71 (81,57) Sts.

Beginning with a Slip 1 purlwise, K1, P1; work the first 3 ribbing rows in K1P1 ribbing for the entire row (always slip the first stitch of the row on the ribbing – slip purlwise on right side, slip knitwise on wrong side).

Work buttonhole in beginning of 4th (WS) row as Slip 1 knitwise, P1, K2tog, YO, K1, then continue row in ribbing.

Rows 5 and subsequent: Switch to St.St. between ribbing, and continue to work the first and last 5 Sts. of each row in K1P1 ribbing. Work buttonholes where indicated (RS: P1, K2tog, YO, K1, P1 at end of row)

CONTRAST RIBBING, WORKED IN DIFFERENT COLOR.

Beginning with contrast color, cast on 61 (71,47) sts, and work 4 (5,3) rows in K1P1 ribbing.

Change to St. St. in main color, and work the body of the sweater ***omitting first and last ribbing Sts.***

Neckband:

Using contrast color, pick up Sts. as for regular neckband and work 3 rows in K1P1 ribbing.

Bind off, BUT DO NOT CUT YARN. Instead, continue with left front as follows:

Left Front – Buttonhole Band:

With right side facing, on left-front, pick up 27 (33,21) stitches

Work 2 (2,1) rows in K1P1 ribbing, beginning with a K1

Next Row: Beginning with K1 (K1,P1,P1) work 3 (3,2) Sts. in ribbing;

yo, K2tog, beginning with P1 work 8 (11,6) Sts. in K1P1 ribbing

yo, K2tog, beginning with P1(K1,P1) work 8 (11,6) Sts. in K1P1 ribbing

yo, K2tog, beginning with P1 work ribbing to end of row

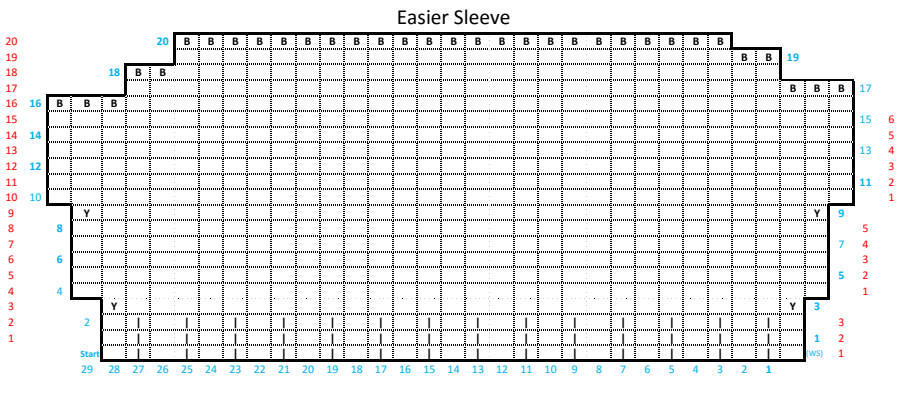
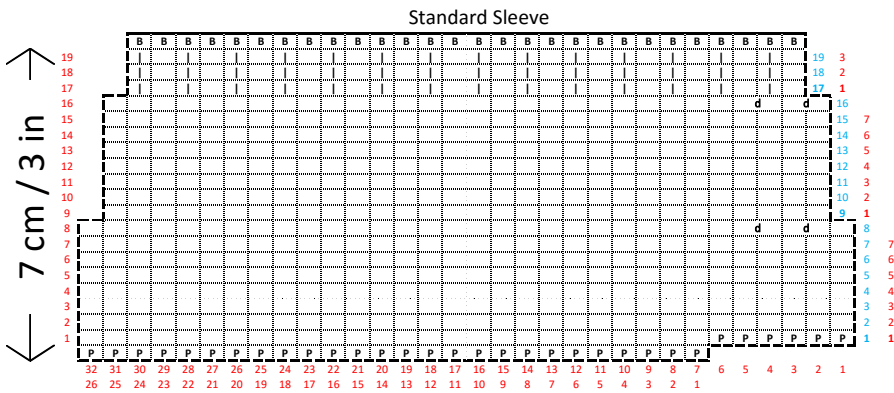
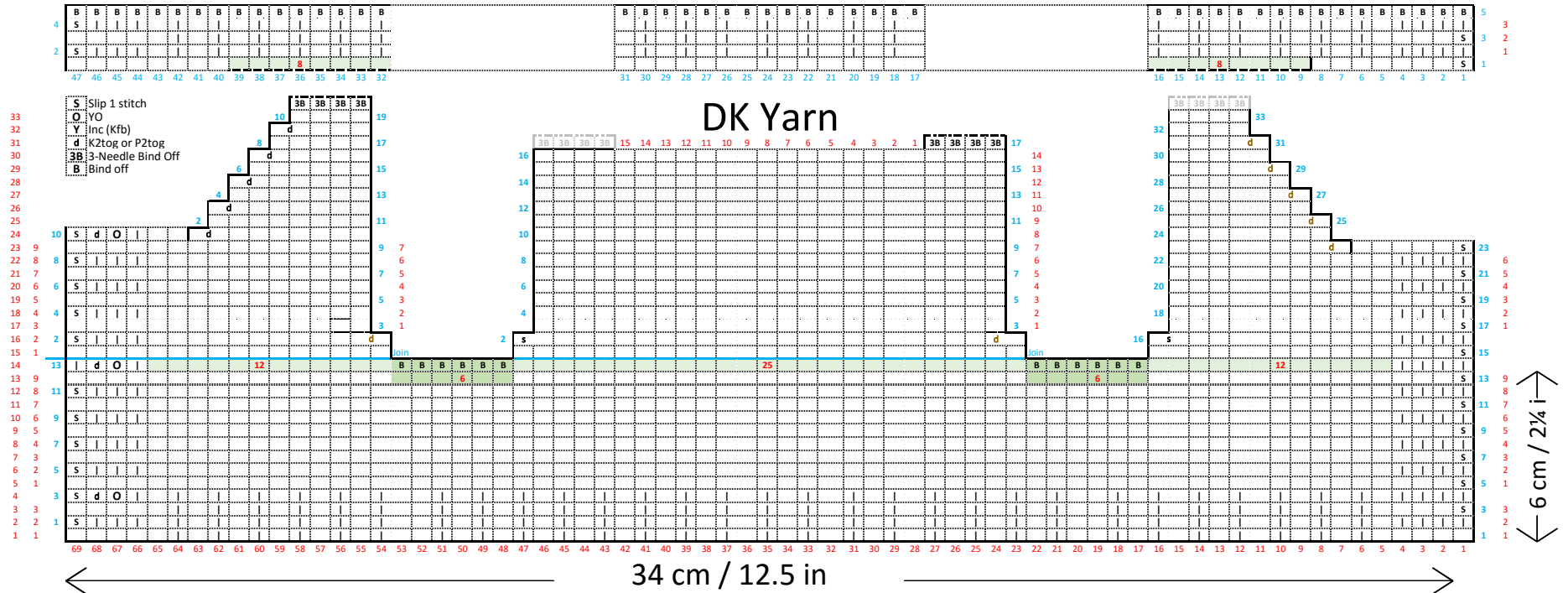
Work 2 (3,1) rows in K1P1 ribbing

Bind off.

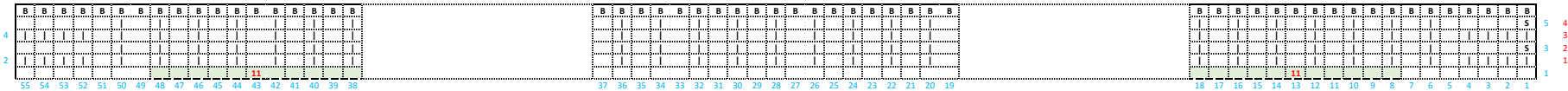
Right Front Button Band:

With right side facing, pick up 27 (33,21) Sts. and work 5 (6,3) rows in K1P1 ribbing. Bind off

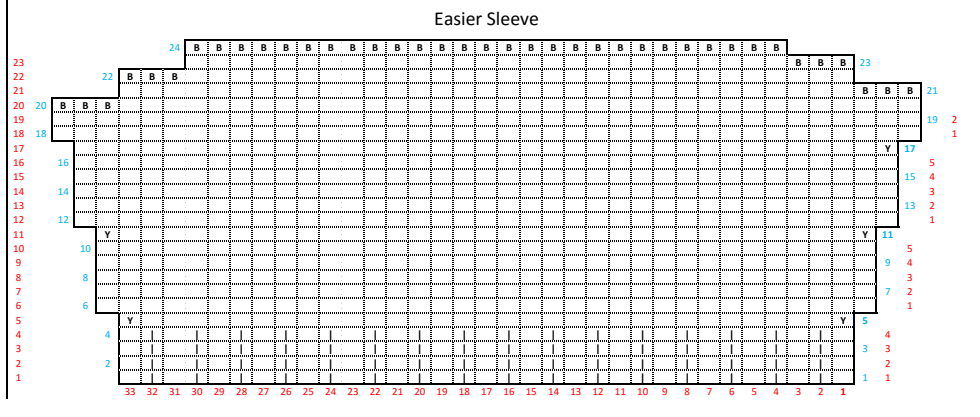
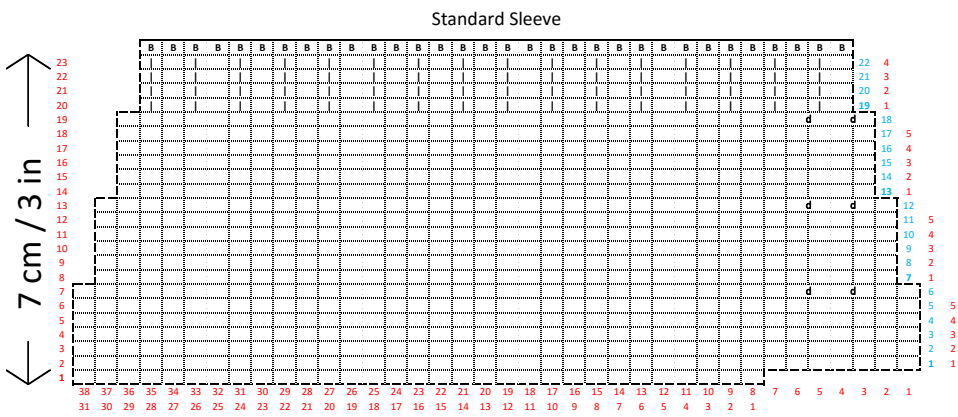
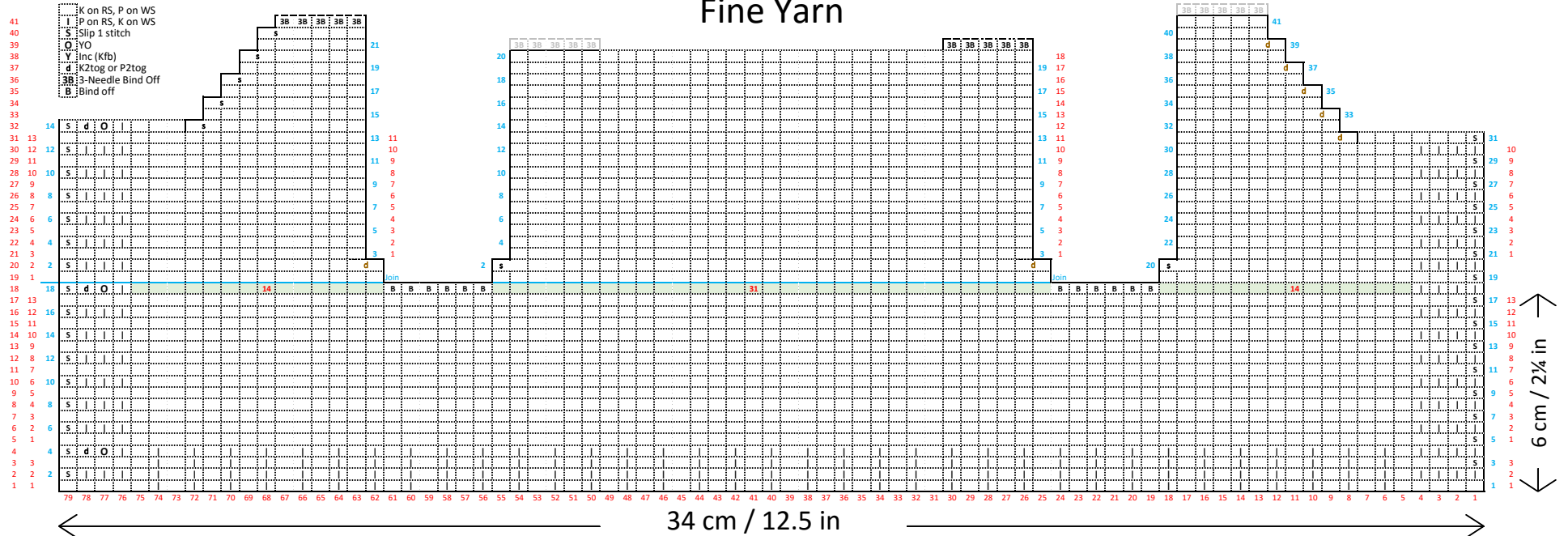
HEART to HEART CARDIGAN – Notes and Variations



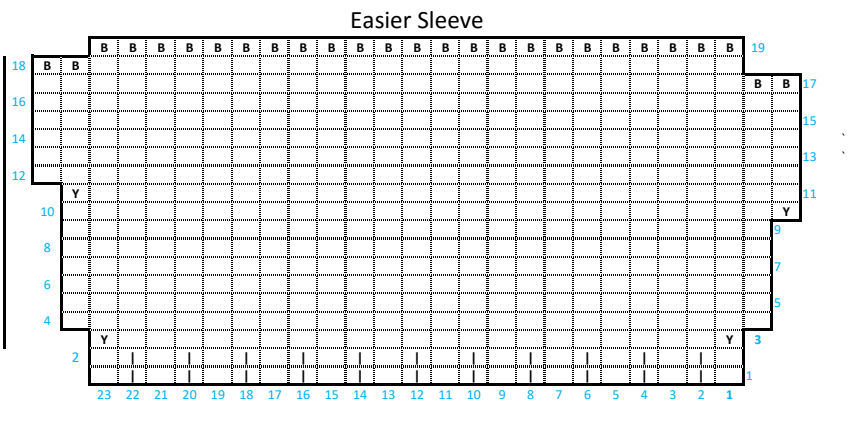
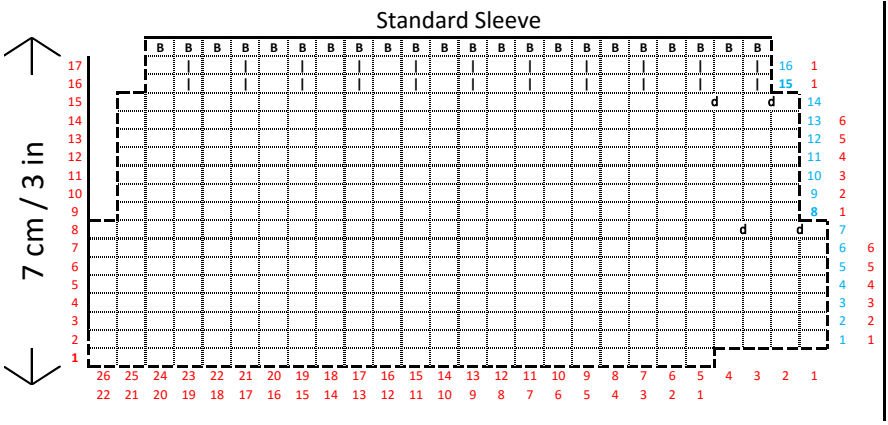
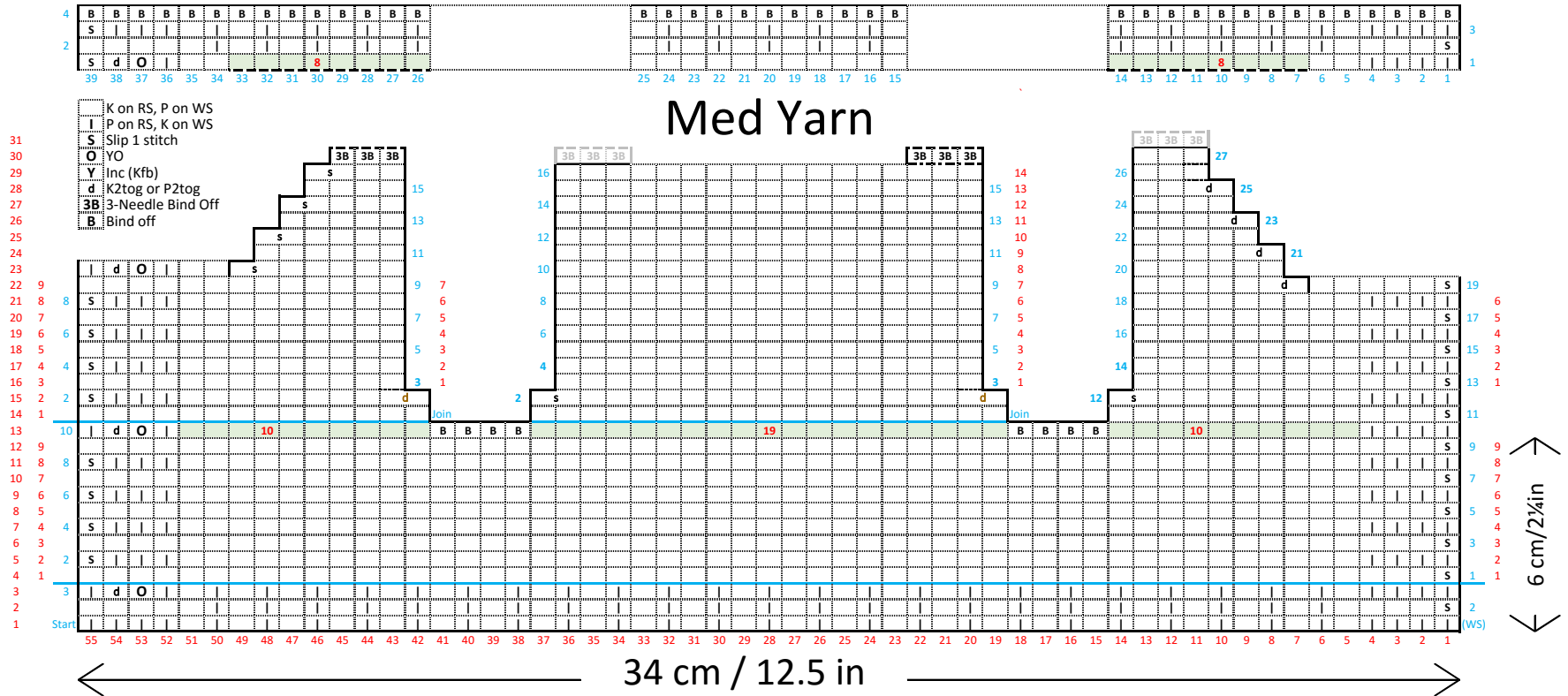
HEART to HEART CARDIGAN – Notes and Variations



Fine Yarn



HEART to HEART CARDIGAN – Notes and Variations



HOODIE – DK yarn - Work instead of neckband.

Bottom Shaping:

Row 1 (RS): With RS facing, rejoin yarn at right front edge, K Sts from Right Front holder; pick up 8 Sts. from Right Front, K 8 Sts from back, K2tog, K remaining 7 Sts from back, pick up 8 Sts. from Left Front, K Sts. from LF holder: Approximately 44

Row 2: (WS): Slp1, K3, P until 4 Sts left, K4

Row 3-18: Work next 16 rows as follows:

RS: Sl1p, K to end

WS: Slip, P until Sts left, K

Divide and work earholes:

Right Front:

Working with first 5 Sts only (leave remaining Sts on needle), work 13 rows as follows, beginning and ending with a RS row:

RS: Slp1, K

WS: P 5

Center Back:

Leave Right Front sts on needle. Join yarn to center section and work next 34 Sts for 13 rows as follows:

Row 1: K

Row 2: P

Row 3-4: Repeat Row 1-2

**

Row 5: K15, K2tog, K2tog, K15 (32 Sts)

Row 6 and all even rows: P

Row 7: K14, K2 tog, K2tog, K14

Row 9: K13, K2 tog, K2tog, K13

Row 11: K12, K2tog, K2tog, K12

Row 13: K11, K2tog, K2tog, K11 (24 Sts)

Left Front:

Leave Right Front and Center Sts on needle.

Join yarn to Left section and work last 5 Sts for 13 rows as follows:

RS: K

WS: Slp1, K3, P1

Rejoin all sections and work top of hoodie:

Row 14: Sl1p, K3, P1, keeping next stitch tight, join to center section P24 Sts, keeping next stitch tight, join to Right Front section, P1 K4. 34 Sts total

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Row 15: Skp1, K15, K2tog, K2tog, K to end

Row 16 and all remaining even rows: Skp1, K3, P until 4 Sts left, K4

Row 17: K14, K2tog, K2tog, K14

Row 19: K13, K2tog, K2tog, K13

Row 21: K12, K2tog, K2tog, K12 (26 Sts)

**

Row 22: Slp1, K3, P7, P2tog, P2tog, P7, K3

Divide sts evenly between 2 needles. With right sides together, join with 3-needle bind-off (or Kitchener Stitch)

HEART to HEART CARDIGAN – CHARTS

