

A variation on the Heart to Heart Gown, made with traditional Heart to Heart yarn for a more casual look.

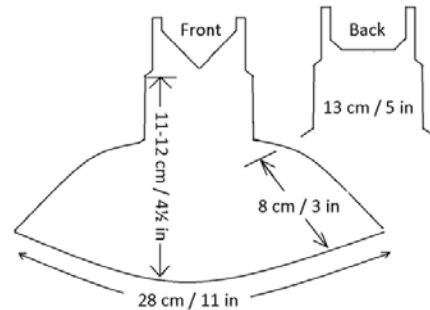
- Yarn:** Heart to Heart (sport) yarn
Needles: 3.5mm/US 4 circular or straight (or size to give gauge)
 Optional: 3.25mm/US 3 circular or straight (or one size smaller)
Gauge: 20sts = 8cm/3in
Notions: Stitch holders



This dress will fit a teddy bear about 25-30cm/10-12in tall with a waist of about 29cm/11½in. See diagram for approximate finished measurements.

ABBREVIATIONS

- | | |
|---|--|
| K..... Knit | K2tog.... knit 2 sts together |
| P..... Purl | |
| St. St.... stockinette stitch (K RS row, P WS row) | Kfb K in front and back (increase 1) |
| Ffb..... Increase 1 by knitting in front and back of st | BO..... bind off |



Dress is knit in 2 pieces, front and back.

FRONT:

- Using smaller needles, cast on 54 sts.
- Work 4 rows in K1 P1 ribbing. (First 4 rows may also be worked on the same size needle as the rest of the dress – but the finished dress may have slightly more of a tendency to roll up)
- With larger needles, K2; ** Kfb, K6, Repeat from ** until 2 st left, K2 (62)
- Continue in St.St. until piece measures 8cm/3in (about 19 rows more)
- Next row: K1, ** K2tog, K2, repeat from ** until 1 st left, K1 (47 sts)
- Purl 1 row
- Next row: K1, ** K1, K2tog, repeat from ** until 1 st left, K1(32 sts)
- Work 11 rows stockinette sts, ending with P row (about 11-12cm /4½in total)
- BO 4, K to end
- BO 4, P to end
- BO 1, K to end
- BO 1, P to end -22sts
- K 1 row
- P 1 row

Begin Front Shaping:

Left Front:

- K11, wrap the next stitch (see instructions, following), turn
- P2tog, P to end
- K10. Turn, leaving remaining 11 sts on the needle (or slip onto a holder) for the right front.
- **
 - P2tog, P to end
 - K row
- Repeat from ** until there are 5 sts left, ending with a K row
- Work in St. St. for about 2.5cm /1in, ending with a P row (about 5 rows)

**

- K until 1 st left, Kfb
 - P 1 row
- Repeat from ** 2 times: 8 sts. Bind off

Right Front:

- Join yarn at side seam
- **
- P to last 2 sts, P2tog
 - K
- Repeat from ** until there are 5 sts left, ending with a K row
- Work in St. St. for about 2.5cm/1in, ending with a P row (about 5 rows)

**

- Next row: Kfb, K to end of row
 - P 1 row
- Repeat from ** 2 times: 8 sts. Bind off.

BACK:

- Work the same as the front until the beginning of Front Shaping.

Begin Back Shaping:

- Work 4 rows St. St. Bind off

Finishing:

Sew front to back at end of shoulder straps and side seams. Sew in loose ends.

HOW TO:**Wrap a Stitch**

Normally used to make 'short rows', here it is only used to reinforce the base of the 'V' for the neckline. To wrap a stitch, slip the next stitch as if to purl, then bring the yarn to the front of the work. Next slip the stitch back onto the left hand needle, then turn the piece so that the wrong side of the knitting is facing you. Continue working the left front only.

**OPTIONAL EMBELISHMENTS:**

Many decorations can be knit into this dress. The simplest embellishment is to work stripes into the skirt, in either plain or a frilly decorated yarn. The following are a few other suggestions for how to change the look of the dress.

**Belt Loops (to attach ribbon belt)**

After 2nd decrease (32 sts), P 1 row.

Next row, K1, ** K1, YO, K2tog, Repeat from ** until 1 St left. K1

Continue, working 7 more rows in St. St. before underarm bindoff

Scalloped Bottom Edge

Work first 9 rows of skirt according to the chart.

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Row 9 (RS)	K1, ** K5, YO, sk2po, YO, K4, Rep from ** until 1 st left, K1
Row 8 (WS)	P1, ** P4, K3, P5, Rep from ** until 1 st left, P1
Row 7 (RS)	K1, ** K4, YO, K1, sk2po, K1, YO, K3, Rep from ** until 1 st left,
Row 6 (WS)	P1, ** P3, K5, P4, Rep from ** until 1 st left, P1
Row 5 (RS)	K1, ** K3, YO, K2, sk2po, K2, YO, K2, Rep from ** until 1 st left,
Row 4 (WS)	P1, ** P2, K7, P3, Rep from ** until 1 st left, P1
Row 3 (RS)	K1, ** K2, YO, K3, sk2po, K3, YO, K1, Rep from ** until 1 st left,
Row 2 (WS)	P1, ** P1, K9, P2, Rep from ** until 1 st left, P1
Row 1 (RS)	K1, ** K1, YO, K4, sk2po, K4, YO, Rep from ** until 1 st left, K1

○	St. St. (K on RS, P on WS)	○	YO (Yarn over)
•	Garter Stitch (K on every row)	△	K2tog
△		△	sk2po (Slip 1, Knit 2 together, Pass slipped stitch over)

Picot Trim

Work this variation of a picot trim purl-wise for the most subtle effect. This can be added to the neckline, the arm holes, or both, and knit in contrasting or matching yarn. When doing this edging on the armholes, it works best to only do the picot edge along the top half of the arm hole, and do a normal bind off along the bottom half.

You will need to use double pointed needles to do this.

To start, pick up about 50-55 st for the neck, or 32-38 sts for the armhole.

Knit 1 round.

Begin Picot bind-off:

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With the RS facing you, cast on 1 st using the cable cast on described here:

- Insert needle between the last 2 sts on the left needle
- Pull a loop through as in making a K st. (First picture)
- Slip st from right needle onto the left needle (**2nd picture shows a 2 sts cast on – but only do 1**)

Bind off 3 sts purl-wise (P2, bind off right st, P1, bind off right st, P1, bind off right st.)

Slip last St knit onto the left-hand needle. (3rd picture)

Repeat from **



Knitting in the Round

Cast on 104 sts (optionally placing a marker in the middle, after 52 sts)

After ribbing, increase 16 sts evenly over the round (120 sts)

Work for about 8cm/3in (about 24 rounds total), then continue through the 2 decrease rows (60 sts)

Work for about 11 more rows BUT.....

On the 11th row, cast off the last 3 sts, followed by the first 3 sts of the beginning of the next row.

Work 24 sts. Cast off 6 sts, then work 24 sts to finish row.

Front: P 1 row. Next 2 rows, bind off the first st. (22 sts) Continue as described.

Back: Joining yarn on WS, P 1 row. Next 2 rows, bind off the first st. (22 sts). Continue as described.

Straps may be left on a holder instead of bound off, and attached to the back with a 3-needle bind-off.